FREE ONLINE PROGRAM FOR COUPLES!

Join us and learn about effective communication, mindfulness-based stress reduction strategies, and the keys to successful relationships.

Classes will Meet Twice a Month on Tuesdays
8:00—9:15 pm via Zoom

Class Dates
May 12th
May 26th
June 9th
June 23rd
July 7th
July 21st

Receive a total of $50* per person for completing program surveys

Email lka0001@auburn.edu to Pre-Register (or call 334-734-6543)
Registration is Required and Spots are Limited

For more information visit www.AlabamaMarriage.org

*Program Bonus: You have the opportunity to earn $100 as a couple, or $50 per person. You will receive $25 for filling out the "Entrance Surveys" at the beginning of the program and $25 for filling out a follow-up "Exit Survey" at the conclusion of the program. Compensation will be issued by check through Auburn University. Please allow 3-4 weeks for checks to be processed and mailed.

Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: # 90FM0082. These services are available to all eligible persons, regardless of race, gender, age, disability, or religion.
Benjamin Burke, M.S., is a PhD student in the Human Development and Family Studies department at Auburn University. His research interests include couple functioning, military families, and the roles of video game participation on individual and relational well-being. He works with the Military REACH research grant, evaluating and translating research to get it into the hands of families, helping professionals and policy makers.

Leah Burke, M.S., CFLE, serves in a hybrid role of Case Manager and Research Assistant for the Alabama Healthy Marriage and Relationship Education Initiative. She graduated from Auburn in 2013 with a Bachelor’s in Human Development and Family Studies and in 2015 with a Master’s in Marriage and Family Therapy. She enjoys working with couples and families to build both personal and relationship skills. Ben and Leah have been married since 2016 and both enjoy teaching relationship education classes.

Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: # 90FM0082. These services are available to all eligible persons, regardless of race, gender, age, disability, or religion.